

360ONE

THREE SIX ONE ASSET MANAGEMENT

MTB CHALLENGE

361° | 361 km | 36.1 hrs

RACE RULES 2020

36ONE MTB CHALLENGE 2020 – RACE RULES

A. Race information and rules

Doping offences

- Any (professional or amateur) athlete under sanction from their federation or national anti-doping authority after 1 January 2016 will be banned for life from competing in The 36ONE MTB Challenge.
- The organizers also reserve the right to refuse any athlete (professional or amateur), which was under sanction from their federation or national anti-doping authority before 1 January 2016, to compete in The 36ONE MTB Challenge.

Start

- The Challenge and The Relay start at Langenhoven Gimnasium, Oudtshoorn | Friday, 24 April 2020 15h00
- The Half race starts at Highgate Ostrich Show Farm in Volmoed | Saturday, 25 April 2020 06h00
- No late starts will be allowed.
- All riders have to ride with a suitable bicycle headlight and a flashing rear red light –this applies to both The Half and The Challenge races. **No lights, no start!**

Finish & Prize Giving

- The race finish is at Langenhoven Gimnasium, Oudtshoorn and the race cut-off is calculated from the first rider to pass official starting point.
- Prize giving is at 09:00 Sunday morning, 26 April 2020 at Langenhoven Gimnasium.

Race numbers

- Team members may not interchange their boards, start and finish with the same number is compulsory.
- Number boards should be securely fastened with the cable ties provided.
- Race or sponsor logos may not be obscured.
- No number board, no start.

Rider race containers

- Each rider on **The Challenge Solo** race will be issued **three race boxes** and each box will be transported to a respective checkpoint.
- Riders on **The Half** race will be issued only **one box** per rider that will be transported to checkpoint 3.
- Riders in **The Challenge Team** category will receive **one box per team member/per checkpoint** to be transported to the respective checkpoints.
- Riders in **The Relay** category will receive **one box per team member** to be transported to the respective checkpoints.
- Boxes are not accessible outside of the checkpoints and riders are responsible to ensure that the boxes are correctly marked.
- Each rider will receive a set of stickers to mark his/her boxes with.
- Boxes have to be handed in on Friday, 24 April 2020 between 08h00 and 12h00 – no late hand- in's and no exceptions.
- No boxes will be moved between checkpoints, the boxes will only be transported to one checkpoint as was indicated at the box check in at registration.
- Dryland does not accept responsibility for lost or damaged goods.
- Race boxes can be collected 25 April 2020 between 18h00 and 20h00 then again on 26 April 2020 between 08h00 and 10h00.

Helmets

- All riders have to wear an approved cycling helmet which is fastened at all times.
- If a rider is found at any stage during the race not to be wearing his/her helmet, immediate disqualification applies.

Bicycle

- All sections of the race have to be completed on the same bicycle, changing bikes for certain stages is not allowed.
- Please start with a bicycle in a sound mechanical condition.
- Riders must ride with their team partner at all times, and must remain within the maximum allowable separation time of **TWO minutes**.
- Rider separation may be measured at the start and finish of each stage and at various designated check points during the stage, but can also be enforced at any point during the race.
- Rider separation may be measured more than once during any stage and penalties may be applied to each occurrence of rider separation outside the allowable limit during a stage.

Medical

- Dryland will supply a full medical back-up team en-route and at the start/finish area.

Refund policy

- See website for details.

Rider changes

- See website for details.
- Please remember that rider changes do not constitute a change in t-shirt sizing, the original entry will determine the allocated apparel sizes and cannot be changed.

B. Checkpoints and water point information and rules

1. Water point 01 - Kleinshoogte – 58 km

- This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
- No back-up vehicles allowed

2. Checkpoint 1 and water point 02 – Louvain – 99 km

- All riders have to move through this checkpoint and check-in.
- Relay riders will complete stage 1 of the relay at this checkpoint, they also have to check-in and do the hand over to the next rider
- This water point will be stocked with coke, electrolyte drinks, fresh fruit and a hot meal will be served
- Rider race containers will be available here
- Back-up vehicles allowed (see back-up rules)

3. Water point 03 only – Heimersrivier – 128 km

- This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
- No back-up vehicles allowed

4. Water point 04 only – Mount Hope – 152 km

- This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
- No back-up vehicles allowed

5. Checkpoint 2 and water point 05 – Volmoed – 180,5 km

- All riders have to move through this checkpoint and check-in.
- Relay riders will complete stage 2 of the relay at this checkpoint, they also have to check-in and hand-over to the next rider
- This water point will be stocked with coke, electrolyte drinks and fresh fruit
- A hot meal will be served
- Rider race containers will be available here
- Back-up vehicles allowed (see back-up rules)

7. Water point 06 – Paardebont – 216 km
 - This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
 - No back-up vehicles allowed

8. Water point 07 – Rooiberg Bottom– 242 km
 - This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
 - No back-up vehicles allowed

9. Water point 08 – Rooiberg Top – 254 km
 - This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
 - No back-up vehicles allowed

10. Checkpoint 3 and water point 09 – Calitzdorp – 280 km
 - All riders have to move through this checkpoint and check-in.
 - Relay riders in the Challenge will complete stage 3 of the relay at this checkpoint, they also have to check-in and hand-over to the next rider
 - Relay riders in the Relay Half will complete stage 1 of the relay here and they also have check-in and hand over to the next rider
 - This water point will be stocked with coke, electrolyte drinks and fresh fruit
 - A warm meal will be served
 - Rider race containers will be available here
 - Back-up vehicles allowed (see back-up rules)

11. Water point 10 – Kruisrivier – 306 km
 - This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat
 - No back-up vehicles allowed

12. Water point 11 – Lategansvlei – 342km
 - This water point will be stocked with coke, electrolyte drinks, fresh fruit and something light to eat

- No back-up vehicles allowed

13. Finish – Langenhoven Gimnasium – 361 km

Race cut-off times

The race cut-off is 36.1 hours at the finish but in the interest of rider safety, it has been decided to enforce cut-off times at the water and checkpoints. The cut-off times are very generous and most riders should reach the respective points in the allotted time. Riders that are cut will be removed from the course and transported back to Langenhoven Gimnasium. The decision of the organizer is final.

WATER POINT 01	5 HOURS (58KM)
WATER POINT 02 /CHECKPOINT 1	7 HOURS (99 KM)
WATER POINT 03	10 HOURS (128 KM)
WATER POINT 04	12 HOURS (152 KM)
WATER POINT 05/CHECKPOINT 2	15 HOURS (180.5 KM)
WATER POINT 06	18 HOURS (216 KM)
WATER POINT 07	21 HOURS (242 KM)
WATER POINT 08	23 HOURS (254 KM)
WATER POINT 09/CHECKPOINT 3	25 HOURS (280 KM)
WATER POINT 10	28 HOURS (306 KM)
WATER POINT 11	31 HOURS (342 KM)

The Half race's cut-off is at 22:00 on Saturday, 25 April 2020. (16 hours for The Half)

Back-up, support vehicle and checkpoint rules

- This is a full-service event so riders participating in the race will not need any back-up. Riders are however welcome to have a back-up team available at the checkpoints
- Relay teams will need back-up primarily to transport team members between the different checkpoints
- No support outside of the designated checkpoint area will be allowed and any transgression in this regard will lead to disqualification
- Support vehicles are allowed at the checkpoints but have to move according to the back-up vehicle route – any support vehicle found on the cycle route and linked to a team or rider will result in the immediate disqualification of that team/rider

Relay teams

- Relay teams compete in either a 2-man or a 4-man team
- The Challenge route consists of 4 intermediate stages and in the case of a 4-man team each rider must complete 1 stage and in the 2-man team setup, each rider has to complete 2 stages
- The Relay Half route consists of 2 stages and each rider must complete at least 1 stage
- The changeover process will be at a designated area within the checkpoint, the riders will have to physically report, and then the changeover will be done electronically as well as manually by the official.
- Both team members (one that finished the previous stage as well as the rider starting the new stage) have to be present at the changeover. In the case of a rider doing two stages back to back, the rider still has to report to the checkpoint.
- Relay support teams will have to transport team members between the different stages and they may only follow the support vehicle routes

Public roads

- The event will take place on gravel roads in the Oudtshoorn, Calitzdorp and Herold areas
- We do not have road closure so all riders have to adhere to the rules of the road
- Marshals are there to warn traffic, but the responsibility lies with the rider to look out for traffic, ride on the left-hand side of the road, stop at all stop signs and intersections and only proceed when it is totally safe

C. **Registration and race briefing**

Registration

- At Langenhoven Gimnasium, Oudtshoorn – Race Village | Thursday, 23 April 2020 from 18h00 until 21h00 and Friday, 24 April 2020 from 08h00 until 12h00.
- All riders have to register in person, no exceptions
- Photo ID (driver's license/ID document/Passport) is compulsory at registration and must be presented
- There are NO late registrations on Saturday morning for The Half race

Race container hand in and collection

- At Langenhoven Gimnasium, Oudtshoorn – truck next to registration | Friday, 24 April 2020 from 08h00 until 12h00.
- Race containers will be available at Langenhoven Gimnasium on Saturday, 25 April 2020 from 18h00 until 20h00 and Sunday, 26 April 2020 from 08h00 until 10h00.

Race Briefing

- At Langenhoven Gimnasium | Friday, 24 April 2020 13h30
- Attendance is compulsory

D. **Accommodation**

- Kleinplaas Holiday resort is our accommodation partner and the preferred choice in this regard

E. **Rider back-up crew & spectator point directions**

Rules and directions

- No backup crew vehicle will be allowed on the race route – this is non- negotiable and riders will incur severe penalties for those transgressing. Race officials will keep a very close watch on this
- Checkpoints also serve as spectator points
- Where back-up crew and riders share the route, please adhere to the 20km/h speed limit

To checkpoint 1: 33°48'42.0"S 22°38'55.5"E

- From the start take the R328 towards George.
- Travel for 37km on the road until you reach the t-junction. Turn left towards Uniondale (R62).
- Carry on straight until you reach Checkpoint 1, Louvain Guest Farm will be on your right-hand side.
- Please adhere to a 20km/h speed limit
- Please park out of the way

To checkpoint 2: GPS S33° 39.486' E22° 08.099'

- From Oudtshoorn travel for 8.8km on the R62 and turn left towards Volmoed
- 6.5km down the road take the first left turn towards Highgate Ostrich Farm.
- Travel for 4.9km and you will find Highgate Ostrich Farm (checkpoint 2) on your right
- Please park out of the way

To checkpoint 3: GPS S33 32.212 E21 41.229

- From checkpoint 2 go back towards the R62 (the same way you came) and turn left towards Calitzdorp on the R62
- From the start take the R328 towards George and turn right onto the R62 towards Calitzdorp
- Once in Calitzdorp turn left into Pretorius Street (the road just before the NG Church building)
- Carry on straight towards Calitzdorp High School where checkpoint 3 is situated
- Please park out of the way